



The

HAARTbeat

of Baton Rouge

Volume 1, Issue 3

Summer 2008



The Unity Group

- + Gay men's support group
- Held at HAART
- Every other Wednesday night (5:30-6:30pm)
- Transportation provided
- Must meet with group administrator Mrs. Jean'quel Henry before joining.
- For more info, call HAART (225) 927-1269
- Website: www.haartinc.org

CDAP News

- Re-certification every year is now your date of birth.
- Medicare recipients **MUST** apply for "Extra Help" or Low Income Subsidy and submit your approval or denial letter from Medicare to CDAP.
- For more info contact your case manager or go to this website www.ssa.gov

HAART Lights Up Baton Rouge

Last month, on Sunday, May 18th, HAART hosted a candlelight vigil, "Light up the Levee", on the Baton Rouge levee to recognize the 25th International AIDS Candlelight Memorial, an event held nationwide to honor those who have been lost to HIV/AIDS.

This event was a great success and HAART would like to recognize all those who participated on the program: Mr. Timothy Young, Executive Director, Mayor Melvin "Kip" Holden (Proclamation), Ms. Alicia Jones (Prayer of Healing), Mr. Jack Carrel, Prevention Supervisor, HIV/AIDS Program-Office of Public Health, BRASS Sounds, Rani G. Whitfield, MD, Mr. Rufus Shephard, Ms. Sheila Douglas, Minister William Bates, and Ms. Paula Arai, her son Kim, and friend Lee for the awesome entertainment on traditional Japanese "Taiko" drums.



Attendees honoring those lost to HIV/AIDS at HAART's 2008 "Light Up the Levee".

BRASS also tested an impressive number of attendees with their mobile HIV testing unit. Keep up the good work BRASS!

HAART would also like to thank all of the volunteers and supporters of this event: Ancona's Meat Market, BRASS, Beta Delta Tau Youth Sorority, Inc., Baton Rouge Association of Nurses in AIDS Care, Coca-

Cola, Capital City Family Health, Family Services, Greater King David Baptist Church, Kentwood Water, Mr. Patrick Lee, Metropolitan Community Church, Metro Health, Mr. Robert Miller, Rev. James Tucker, Mr. John A. Williams, YWCA-RISE, VOA, Zapp's Potato Chips, City of Baton Rouge, & Yellow Cab.

Red, Wine, & Blues

HAART held it's 3rd annual fundraiser, the Red Ribbon Ball, sponsored by Mr. & Mrs. Huey Wilson at Boudreaux's in Baton Rouge, this past April.

This "to-do" featured the Lil' Ray Neal Blues Band, a wine & food tasting from all

around the world, a silent-auction, and fabulous door prizes. Thanks to the many donors, contributors, and attendees, this gala was a great success!

HAART's Red Ribbon Ball will be held again next April 17th at Boudreaux's.

Contact HAART for more info (225) 927-1269.



**Region II (CAC)
Consumer Advisory Council**

**10th Annual Evening of
Information**

featuring

"I Stand with Mike Campaign"

Questions & Answers
by Dr. Mike Hymbaugh, Caring
Clinic of Louisiana

"Transitioning into Title I"

by Office of Community
Development

**"The State of the State
Epidemiological Status"**

by LA Office of Public Health

Dinner will be served!

**Thursday, June 5, 2008
4:30 pm**

**Dr. Leo S. Butler Community
Center**

**950 E. Washington St.
Baton Rouge, LA 70802**

For transportation, call Sharon
DeCuir at (225) 927-1269.

Bulletin Board

CAC Summer Camp is still accepting referrals for children ages 7-17 to attend this years summer camp at Chicot State Park in Louisiana on July 29-31. Cabin accommodations, food, chaperones, & transportation are all provided. Children do not need to be made aware of their family members HIV status. Contact Sharon DeCuir at HAART for more info (225) 927-1269.



Change Matters, a 10 week financial management course is still accepting referrals. This course is free and topics include: paying bills, managing a household, finding a job, and many more. Transportation, snacks, and materials are provided. Please contact your case manager, or contact Garcelia at Family Services (225) 927-9810 for more info.


Eye Glasses, HAART, Family Services, & VOA all have funds for eye glasses until June 30th. Contact your case manager for more info.

New Staff & Changes, HAART would like to introduce Ms. Sabrina King, *Hope & Healing Housing Case Manager*, Ms. Marsha Thomas, *Medical Case Manager*, and Ms. Wendy Aldridge, *Medical Case Manager* to our HAART family. Mrs. Jean'quel Henry has changed positions and is now our new Mental Health Counselor and Unity Support Group Leader.

HAART	(225) 927-1269	VOA	(225) 922-3900
The Caring Clinic	(225) 341-5901	Family Service	(225) 927-8910
Capitol City Family Health	(225) 389-8850	AIDS Law	(800) 375-5035
Early Intervention Clinic	(225) 987-9155	Avita Drugs	(888) 792-8482
BRASS	(225) 923-2437	Yellow Cab	(225) 926-6400
Metro Health Education	(225) 338-9333	Crisis Hotline	(225) 924-3900

June 2008



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Mixed Gender Grp. (FSGBR)	4 Unity Grp. (HAART) HIV Testing (BRASS 5-7)	5 AIDS Law (HAART) CAC (Leo Butler 4:30)	6	7
8 Caribbean American HIV/AIDS Day	9	10 AIDS Law (VOA) Women's Grp. (FSGBR)	11 HIV Testing (BRASS 5-7)	12	13	14
15 Father's Day 	16 BRASS Golf Tournament (8am)	17 Mixed Gender Grp. (FSGBR)	18 Unity Grp.(HAART) HIV Testing (BRASS 5-7)	19 Change Matters & AIDS Law (FSGBR)	20	21
22	23	24 Women's Grp. (FSGBR)	25	26 Change Matters & Red Ribbon Grp. (FSGBR)	27 National HIV Testing Day	28
29	30					

July 2008



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Mixed Gender Grp. (FSGBR)	2 Unity Grp. (HAART) HIV Testing (BRASS 5-7)	3 AIDS Law (HAART) Change Matters (FSGBR)	4 (closed) Fourth of July	5
6	7	8 Women's Grp. (FSGBR)	9 HIV Testing (BRASS 5-7)	10 Change Matters (FSGBR)	11	12
13	14	15 Mixed Gender Grp. (FSGBR)	16 Unity Grp. (HAART) HIV Testing (BRASS 5-7)	17 Change Matters (FSGBR)	18	19
20	21	22 Women's Grp. (FSGBR)	23 HIV Testing (BRASS 5-7)	24 Change Matters & Red Ribbon Grp. (FSGBR)	25	26
27	28	29 Mixed Gender Grp. (FSGBR)	30 Unity Grp. (HAART) HIV Testing (BRASS 5-7)	31 Change Matters (FSGBR)		

CAC Summer Camp July 29th-31st.

August 2008



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 Women's Grp. (FSGBR)	6 HIV Testing (BRASS 5-7)	7 AIDS Law (HAART) Change Matters (FSGBR)	8	9
10	11	12 Mixed Gender Grp. (FSGBR)	13 Unity Grp. (HAART) HIV Testing (BRASS 5-7)	14 Change Matters (FSGBR)	15	16
17	18	19 Women's Grp. (FSGBR)	20 HIV Testing (BRASS 5-7)	21 AYA Grp. (FSGBR)	22	23
24	25	26 Mixed Gender Grp. (FSGBR)	27 Unity Grp. (HAART) HIV Testing (BRASS 5-7)	28 AYA Grp. (FSGBR)	29 Empowerment (NOLA)	30
31						

PO. Box 66913
Baton Rouge, LA
70896

Phone: 225-927-1269
Fax: 225-927-7363



Chill Your Summer Bill



Tired of spending all of your money on that high electric bill? Follow these simple tips and your electric bill shall decrease this summer:

- Set your thermostat to 78° or the highest comfortable temperature. Each degree lower than 78° will increase your bill as much as 3%. If you are not home, set your air conditioner to 80° or higher. When you return home drop the air down no more than 2 degrees at a time until you reach your desired temperature.
- Keep air conditioner filters clean. Aluminum mesh filters should be washed & fiberglass filters should be replaced monthly.
- Close blinds, shades, & drapes on the sunny side of the house during the day.
- Keep air in your home circulating with ceiling, oscillating, or box fans.
- Place window & central air conditioning units on the shady or north side of your Home. When using window units, shut the doors to unused rooms & close floor or wall registers used for heating.
- Don't block air vents with curtains, shades, or furniture.
- Leave storm windows & doors closed when the air conditioner is on.
- Install solar screens or films on windows to reduce heat.